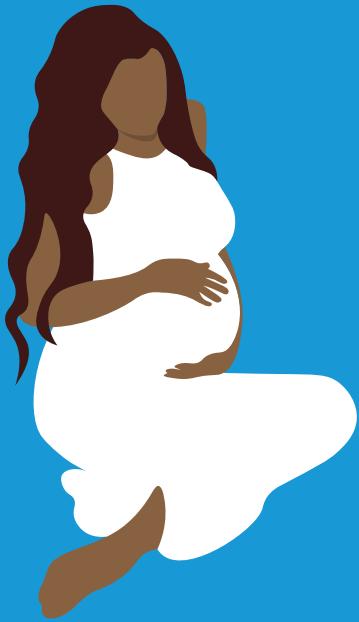


RESPECTFUL MATERNITY CARE



As a patient, you can engage with your healthcare team in ways that may help address your individual concerns while ensuring that you receive the highest quality of care.

RESPECT

Every Patient
Every Interaction
Every Time[®]

Building a partnership starts with:



AWARENESS

Create a birth plan, share your preferences, trust that you are an expert on yourself and your body, and discuss prior birth experiences



MUTUAL RESPECT

Expect to be treated with dignity and respect during all interactions, write down questions and topics as they arise



SHARED DECISION-MAKING AND INFORMED CONSENT

Ask about available options, take the time to understand all aspects of care, know that your voice matters, and ask for documentation of your plan of care



AUTONOMY

Advocate for your choices and recognize that support people can help advocate for you



DIGNITY

Your privacy will be honored, choose who you want to help support you, and discuss which clinicians are present during your labor and birth



ACCOUNTABILITY

Be empowered, speak up, share, and escalate any concerns